



**SUGAR
BOWL**



RESTAURANT

Pancakes and More

quality. freshness. hospitality.

1494 Miner Street (just west of River Road) - Des Plaines
phone: 847-759-0500 - fax: 847-759-0128
Open 7 days: Mon-Fri 6am-3:30pm • Sat & Sun 6am-4:30pm



Eggeptional Entrées

Served with homemade hash browns* and choice of toast*** or buttermilk pancakes.
Substitute seasonal fresh fruit for 1.95 Egg whites 1.95 additional

ONE EGG YOUR WAY	5.25
TWO EGGS YOUR WAY	6.00
THREE EGGS YOUR WAY	6.50
CORNED BEEF HASH AND 2 EGGS	9.50

Add bacon, sausage links, sausage patties, ham off the bone or Canadian bacon 2.75. Add Turkey Links 3.00

Scramblers**

Served with homemade hash browns* and choice of toast*** or buttermilk pancakes.
Substitute seasonal fresh fruit for 1.95 Egg whites 1.95 additional

MINCED HAM CHEDDAR	9.25
Ham off the bone diced with cheddar cheese	
FETA SCRAMBLER	9.95
Tomatoes, spinach and feta cheese	
FETA GYRO SCRAMBLER	10.50
CREATE YOUR OWN SCRAMBLER	10.95
Choose 4: Bacon, sausage, ham, chorizo, onions, asparagus, broccoli, mushrooms, spinach, tomatoes, green peppers, American, Swiss, cheddar or mozzarella Add avocado 1.00	

Country Kitchen

Served with homemade hash browns

BISCUITS & GRAVY	7.75
Fresh baked biscuits topped with sausage gravy	
COUNTRY DELIGHT	8.95
2 eggs, fresh baked biscuits topped with sausage gravy	

On The Side

BACON	3.75	ENGLISH MUFFIN	2.75
HAM OFF THE BONE	3.95	TOAST	1.85
SAUSAGE LINKS	3.75	GLUTEN-FREE TOAST	2.95
SAUSAGE PATTIES	3.75	RAISIN TOAST	1.95
TURKEY SAUSAGE	3.95	PEGAN ROLL	3.25
CANADIAN BACON	3.95	BAGEL	2.50
CORNED BEEF HASH	4.75	BAGEL	3.50
HOMEMADE HASH BROWNS	3.15	with Cream Cheese	
SIDE OF MASH & GRAVY	3.50	COTTAGE CHEESE	3.55
FRENCH FRIES	3.15	SIDE OF AVOCADO	2.95
BOWL OF SEASONAL BERRIES	7.25	BOWL OF FRESH FRUIT	3.75
		SIDE SALAD	3.95
		BOWL OF SOUP	3.60

*Jazz up your potatoes with green peppers and onions for 1.95

** Add bacon, ham or sausage 2.35. Add additional veggies.95,
Add feta cheese 1.35

***Substitute English muffin, bagel or raisin toast add .50



Omelettes**

Served with homemade hash browns* and choice of toast*** or buttermilk pancakes.
Substitute seasonal fresh fruit for 1.95 Egg whites 1.95 additional. Gluten-free toast 1.50. Gluten-free cake 1.50.

CALIFORNIA OMELETTE	9.95
Fresh mushrooms, avocado and Swiss cheese	
SPINACH FETA	9.75
Tender baby spinach and feta cheese	
KAYANA OMELETTE	9.95
Feta cheese, onion and tomatoes	
CLASSIC DENVER	9.95
Ham, onions and green peppers	
HAM & CHEESE OMELETTE	9.25
Ham off the bone and American cheese	
VEGGIE OMELETTE	9.95
Fresh broccoli, mushrooms, asparagus and spinach	
FIESTA OMELETTE	9.95
Chorizo, onions, tomatoes, jalapeño and cheddar cheese	
CHEESE OMELETTE	8.75
Your choice: American, Swiss, cheddar, mozzarella or feta cheese	
VICKY'S FAVORITE	9.75
Tender spinach, mushrooms and cheddar cheese	
GYRO OMELETTE	10.75
Gyro meat, feta cheese, onions and tomatoes	
LOX & ONION OMELETTE	12.50
IRON MAN OMELETTE	12.50
Made with egg whites, chicken, mushrooms, avocado, peppers, served with fresh fruit and whole wheat toast	
CREATE YOUR OWN OMELETTE	10.95
Choose 4: Bacon, sausage, ham, chorizo, onions, asparagus, broccoli, mushrooms, spinach, tomatoes, green peppers, American, Swiss, cheddar or mozzarella cheese Add avocado 1.00	

Steak & Egg Platters

Served with homemade hash browns* and choice of toast*** or buttermilk pancakes.
Egg whites 1.95 additional

SKIRT STEAK & 3 EGGS	17.95
GROUND SIRLOIN & 3 EGGS	11.50
BROILED CHICKEN BREAST & 3 EGGS	11.50
2 PORK CHOPS & 3 EGGS	11.95
GYRO MEAT & 3 EGGS	11.95

House Special

3 EGGS ANY STYLE	12.25
With a pound of ham off the bone, served with homemade hash browns and choice of toast or buttermilk pancakes	



Benedicts

2 eggs, served on English muffin with homemade hash browns*

TRADITIONAL	9.50
Canadian bacon, poached egg and hollandaise	
COUNTRY BENEDICT	9.50
Sausage patties, poached eggs and creamy sausage gravy	
FLORENTINE	9.50
Sautéed spinach, poached eggs and hollandaise	
AVOCADO	10.50
Avocado, poached eggs and hollandaise	
CORNED BEEF HASH BENEDICT	10.50
With hollandaise sauce	
POTATO SKIN BENEDICT	10.95
Crispy bacon, hollandaise sauce on a bed of spinach	

Frittatas**

Baked open-faced omelettes served with homemade hash browns* and choice of toast*** or buttermilk pancakes. Substitute seasonal fresh fruit 1.95

THE HOUSE FRITTATA	10.50
Mushrooms, spinach, onions, avocado and mozzarella cheese	
THE MEDITERRANEAN	10.25
Spinach, onions, tomatoes and feta cheese	
THE FIESTA	10.50
Chorizo, avocado, jalapeño, tomatoes and cheddar	
CREATE YOUR OWN FRITTATA	10.95
Choose 4: bacon, sausage, ham, spinach, mushrooms, asparagus, chorizo, onions, peppers, broccoli, tomatoes, American, Swiss, Cheddar or Mozzarella Add avocado 1.00	

Breakfast Burritos**

Served with homemade hash browns*, salsa and sour cream on the side

THE ALL-AMERICAN BURRITO	9.50
Eggs, sausage, peppers, onions and cheddar cheese	
FIESTA BURRITO	10.50
Eggs, chorizo, onions, tomatoes, jalapeño peppers and cheddar cheese	
CHICKEN COUNTRY BURRITO	11.25
Eggs, chicken breast, onions, tomatoes, jalapeño peppers and cheddar cheese	

The FDA advises consuming raw or undercooked meats, poultry, seafood or eggs increases your risk of foodborne illness.

Sizzlin' Skillets**

Layered with hash browns, topped with 2 eggs served with toast*** or pancakes

HOBO SKILLET	8.95
Diced onions and cheddar cheese	
GYPSY SKILLET	9.95
Ham, onions, mushroom and cheddar cheese	
MEDITERRANEAN SKILLET	10.50
Fresh spinach, onions and feta cheese	
FIESTA SKILLET	10.25
Chorizo, onions, tomatoes, jalapeño and cheddar cheese	
BUTCHER SKILLET	10.95
Ham, bacon, sausage and cheddar cheese	
TOP NOTCH SKILLET	12.95
Skirt steak, onions, peppers, mushrooms and mozzarella cheese	
VEGGIE SKILLET	10.50
Broccoli, mushrooms, asparagus, spinach and cheddar cheese	
TEXAS SKILLET	10.95
Grilled chicken, peppers, onions, mushrooms and Swiss cheese	
IRISH SKILLET	10.50
Corned beef hash, onions and cheddar cheese	
ITALIAN SKILLET	10.95
Italian sausage, onions, peppers, mushrooms and mozzarella cheese	

Kitchen Combinations

No substitutions

SERENA'S COMBO	10.25
3 eggs, 2 bacon, 2 sausage and 2 pieces of French toast	
GEORGE'S COMBO	10.25
3 eggs, 2 bacon, 2 sausage and 2 mini waffles	
SUGAR BOWL COMBO	10.25
3 eggs, 2 bacon, 2 sausage and 2 plain crepes	
MATEO'S COMBO	10.25
3 eggs, 2 potato pancakes, 2 sausage and 2 bacon	

Blintzes****

CHEESE BLINTZES	9.50
Filled with our signature cheese blend	
MIXED BERRY CHEESE BLINTZES	11.25



French Toast

Dusted with powdered sugar****

TRADITIONAL FRENCH TOAST	7.95
THE HOUSE FRENCH TOAST	9.95
Fresh strawberries, bananas and pecans	
MIXED BERRY FRENCH TOAST	9.95
Smothered in a variety of seasonal berries	
APPLE CINNAMON FRENCH TOAST	9.95
Topped with raisins and caramelized apples	
STUFFED FRENCH TOAST	10.75
Filled with cream cheese, topped with bananas, strawberries, coconut and whipped cream	
PEANUT BUTTER & JELLY FRENCH TOAST	9.95
Real peanut butter and jelly	
HOMEMADE BANANA BREAD FRENCH TOAST	9.95
Garnished with bananas	
RAISIN BREAD FRENCH TOAST	9.25
CAPTAIN CRUNCH FRENCH TOAST	9.50
Dusted with cinnamon and powdered sugar	
PECAN ROLL FRENCH TOAST	9.75
Dusted with cinnamon and powdered sugar, topped with banana and drizzled with honey	

Crepes

Dusted with powdered sugar****

PLAIN CREPES	8.25
THE HOUSE CREPES	9.95
Fresh strawberries, bananas and pecans	
PARADISE CREPES	9.95
Fresh strawberries, bananas and chocolate chips	
POPEYE'S CREPES	10.75
Filled with fresh spinach and scrambled eggs and topped with hollandaise sauce	
MIXED BERRY CREPES	9.75
Smothered in a variety of seasonal berries	
CREAMY NUTELLA	9.95
Topped with bananas and a cocoa hazelnut paste	
TAFFY APPLE CREPES	9.95
Topped with caramelized Granny Smith apples and pecans	
BERRY CHEESE CREPES	10.95
Filled with cottage cheese and topped with berries	



Waffles

Dusted with powdered sugar****

BELGIAN WAFFLE	7.95
THE HOUSE WAFFLE	9.95
Fresh strawberries, bananas and pecans	
PECAN WAFFLE	9.75
Smothered in and out with Georgia pecans	
CHOCOLATE CHIP WAFFLE	9.75
Loads of chocolate chips	
MIXED BERRY WAFFLE	9.95
Smothered in a variety of seasonal berries	
APPLE CINNAMON WAFFLE	9.95
Topped with raisins and caramelized apples	
SUGAR BOWL WAFFLE	10.75
Georgia pecans, scoop of vanilla ice cream, dusted with cinnamon and topped with pure honey	
NUTTY WAFFLE	10.25
Bananas, pecans and raisins	

Buttermilk Pancakes

Dusted with powdered sugar****

ORIGINAL BUTTERMILK	7.95
A stack of 4 fluffy cakes	
SHORT STACK	7.25
3 fluffy cakes	
THE HOUSE CAKES	9.95
Fresh strawberries, pecans and bananas	
MIXED BERRIES CAKES	9.95
Smothered in a variety of seasonal berries	
APPLE CINNAMON RAISIN CAKES	9.95
Topped with raisins and caramelized apples	
CHOCOLATE CHIP CAKES	8.95
Filled with rich chocolate chips	
PECAN CAKES	9.95
Filled with Georgia pecans	
SILVER DOLLAR CAKES	7.95
12 fluffy mini cakes	
POTATO PANCAKES	8.95
With sour cream and apple sauce	
GLUTEN-FREE CAKES	8.95

****For just 1.95 add your favorite ingredient: fresh strawberries, blueberries, caramelized apples, peaches or bananas

Gluten-free items are prepared on surfaces that may contain gluten.

Healthy Kicks

OLD-FASHIONED OATMEAL	4.95	YOGURT PARFAIT	7.75
WITH CARAMELIZED APPLES	5.95	Homemade Greek yogurt layered with granola, assorted berries and drizzled with honey	
WITH MIXED BERRIES	6.95		
LOX PLATTER	13.95	AVOCADO TOAST	10.95
Lox served with bagel, cream cheese, tomatoes, onions, cucumbers and olives		On multi-grain, poached egg, tomato slice, "everything seasoning" and served with fruit	

Healthy Lunch

STUFFED AVOCADO WITH TUNA	12.50	SLIM PLATE	12.95
FRUIT PLATE	10.95	Choice of chicken breast or 1/2 lb. Black Angus burger	
SPINACH PIE	12.25	STUFFED CANTALOUPE WITH TUNA	12.50



Refreshing Salads

Served with choice of dressing and homemade soup

CHOPPED SALAD	11.50
Chopped lettuce, chicken, bacon, crumbled bleu cheese, pasta and tomato	
CAESAR SALAD	9.50
Romaine lettuce, Parmesan cheese, croutons and hard-boiled egg	
GREEK SALAD	11.50
Mixed greens, tomato, onions, olives, cucumbers, peppers, feta cheese, banana peppers and chopped green olives	
JULIENNE SALAD	12.95
Ham, turkey, Swiss and American cheese, hard-boiled egg, tomato, cucumbers and green olives	
NEW ORLEANS SALAD	13.95
Cajun-grilled chicken breast with bacon, avocado, tomato, cucumbers and crumbled bleu cheese	
MIXED BABY GREEN SALAD	10.95
Granny Smith apples, pecans, bacon, crumbled bleu cheese, tomato, cucumbers and hard-boiled eggs	
FRESH SPINACH SALAD	10.95
Fresh, tender spinach, hard-boiled egg, bacon, mushrooms and tomato	

ADD TO ANY SALAD: CHICKEN 2.25, STEAK 5.00, GYRO MEAT 4.00, TILAPIA 4.00, OR TUNA 4.00

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Melts

Served on rye with French fries and homemade soup

PATTY MELT	10.50	HAM MELT	10.50
1/2 lb. patty with cheese and grilled onions		Ham off the bone with cheese	
TURKEY MELT	10.50	CORNED BEEF MELT	10.50
Sliced turkey with cheese		Slices of corned beef and Swiss cheese	
TUNA MELT	10.50	CALIFORNIA MELT	11.50
Albacore tuna with cheese		Grilled chicken, avocado and Swiss cheese	

Grilled Chicken Sandwiches

Served with lettuce, tomato, pickle, French fries and homemade soup

GRILLED CHICKEN	9.95	THE CORDON BLEU	10.95
BACON DELIGHT	10.95	Topped with ham and Swiss cheese	
Crisp bacon and Swiss cheese		THE SUPREME	11.50
THE ROYAL	10.95	Topped with avocado, mushrooms and Swiss cheese	
Topped with Canadian bacon and Swiss cheese			

Burgers

Our famous half-pound burgers are 100% Black Angus Beef. Served with lettuce, tomato, pickle, French fries and homemade soup

THE TRADITIONAL BURGER	9.95	CALIFORNIA BURGER	11.95
CHEESEBURGER	10.50	Avocado, mushrooms and bleu cheese	
AVOCADO BURGER	11.50	PROTEIN BURGER	10.95
Avocado and cheese		Topped with fried egg and Swiss cheese	
MUSHROOM BURGER	10.50	PHILLY-STYLE BURGER	10.95
Fresh mushrooms and Swiss cheese		Sautéed mushrooms, onions, peppers and mozzarella	
CANADIAN BURGER	11.50	TURKEY BURGER	10.50
Canadian bacon and Swiss cheese		Freshly ground turkey grilled to perfection	
BACON CHEDDAR BURGER	11.50	VEGGIE BURGER	9.50
Crisp bacon with cheddar cheese			



Triple Decker Clubs

Served with French fries and homemade soup

BLT CLUB	9.95	CLUB HOUSE	10.95
Bacon, lettuce, tomato and mayo		Turkey, bacon, lettuce, tomato and mayo	
HAM & CHEESE CLUB	10.25	CORNED BEEF CLUB	10.95
Ham, lettuce, tomato, cheese and mayo		Corned beef, lettuce, tomato, Swiss cheese and mayo	

Wraps

Served with French fries and homemade soup

CHICKEN CAESAR WRAP	9.95	STEAK WRAP	13.75
Grilled chicken breast, romaine lettuce and diced tomatoes in our creamy Caesar dressing wrapped in a spinach tortilla		Tender skirt steak with lettuce, tomato, onions, mushrooms and peppers in a flour tortilla	
ALBACORE TUNA WRAP	10.50	CHICKEN RANCH WRAP	10.25
Albacore tuna, lettuce and tomato wrapped in a spinach tortilla		Grilled chicken breast with bacon, lettuce, tomato and cheddar cheese tossed in ranch dressing on a flour tortilla	
BUFFALO CHICKEN WRAP	10.25	TURKEY CLUB WRAP	10.25
Spicy chicken breast with lettuce, tomato, bacon, cheddar cheese and ranch dressing in a flour tortilla		Lettuce, tomato, bacon and mayo	
MEDITERRANEAN WRAP	10.75	GYRO WRAP	10.75
Grilled chicken breast, onion, lettuce, tomato and feta cheese tossed in our house dressing in a flour tortilla		Romaine lettuce, diced tomatoes, onions and tzatziki sauce	

V's Specials

Served with soup or side salad. Choice of mashed potatoes, French fries, hash browns* or rice and homemade vegetable of the day

CALVES LIVER & ONIONS	14.95
BLACK ANGUS SKIRT STEAK	19.95
PORK CHOPS	14.95
Two center cut pork chops	
CHICKEN BREAST DINNER	12.95
GROUND SIRLOIN	14.50
Topped with grilled onions	

Kids' Menu

Must be 12 years old or under. Dine in only.

Served with a drink choice of milk, soda or apple juice

MICKEY MOUSE PANCAKES	5.95	ONE EGG WITH BACON OR SAUSAGE & 1 SLICE OF TOAST	5.95
CHOCOLATE CHIP PANCAKES	5.95	GRILLED CHEESE & FRIES	6.95
FRENCH TOAST (2)	5.95	CHICKEN FINGERS & FRIES	6.95



Sensational Sandwiches

Served with French fries and homemade soup

FRENCH DIP	10.95
Roast beef piled high on a French roll	
MONTE CRISTO	10.50
Ham, turkey and Swiss cheese on French toast	
ALBACORE TUNA	10.25
Served on your choice of bread	
BLT SANDWICH	9.25
Bacon, lettuce, tomato and mayo	
REUBEN OPEN-FACE	10.95
Corned beef, sauerkraut, Thousand Island dressing and Swiss cheese served on rye	
GOBBLE GOBBLE	9.95
Fresh sliced turkey, lettuce, tomato and mayo on your choice of bread	
PHILLY BEEF	11.95
Thin slices of grilled beef covered with sautéed onions, mushrooms, peppers and mozzarella cheese on a French roll	
GRILLED CHEESE	8.50
Served on your choice of bread	
BLACKENED FISH SANDWICH	10.95
Blackened tilapia, lettuce, tomato and onion served on a French roll	
SKIRT STEAK SANDWICH	15.95
Skirt steak served on a French roll	
GYRO SANDWICH	10.25
Served on a pita with onions, tomato and tzatziki sauce	

Juices and Beverages

SM. FRESH SQUEEZED ORANGE	2.50	RASPBERRY ICED TEA	2.99
FRESH SQUEEZED ORANGE	4.75	OR REGULAR ICED TEA	2.75
GRAPEFRUIT JUICE	3.50	MILK	2.75
TOMATO JUICE	2.75	CHOCOLATE MILK	3.00
APPLE JUICE	2.75	SOFT DRINKS	2.99
CRANBERRY JUICE	2.75	HOT TEA	2.75
		100% COLOMBIAN COFFEE	2.50
		HOT CHOCOLATE	3.00

Desserts

HÄAGEN-DAZS® ICE CREAM	3.25/SCOOP
Vanilla, Chocolate or Strawberry	

SLICE OF SEASONAL PIE	3.25
PIE ALA MODE	5.25

Gluten-free items are prepared on surfaces that may contain gluten.